WEEKYMENU

PUPIL MENU Summer 2024 – Week 1

Monday

Soup of the day with homemade bread

Lemon and thyme chicken fillet

Or Pea, broad bean and asparagus tart (Gluten, milk)

Sides

Spring greens
Roast new potatoes
carrots

CHEFS DAILY SPECIAL

To include local & seasonal produce

Jacket Potato Station

Baked beans Grated cheese (Dairy) Tuna mayonnaise (Fish)

Daily salad Bar

Dessert

Low sugar lemon cheesecake (Gluten, dairy)

Fresh & Dried fruit Dessert

Tuesday

Soup of the day with homemade bread

Pork char sui

Or Tofu char sui (Gluten)

Sides

Steamed rice
Curly kale with lemon &
garlic
Savoy cabbage

CHEFS DAILY SPECIAL

To include local & seasonal produce

Pasta of the Day

Chef's choice pasta and homemade sauce

Daily salad Bar

Dessert

Sugar free banana bread (Gluten, Egg,)

Wednesday

Soup of the day with homemade bread

Beef burgers (Gluten)

Or
Eat curious breaded protein fillet
(Gluten)

Sides

Crispy potato Corn cob Slaw

CHEFS DAILY SPECIAL

To include local & seasonal produce

Jacket Potato Station

Baked beans Grated cheese (Dairy) Tuna mayonnaise (Fish)

Daily salad Bar

Dessert Ne and summer herry c

Apple and summer berry crumble (Gluten)

Thursday

Soup of the day with homemade bread

Chicken tagine

Or Vegetable tagine

Sides

Jewelled cous cous (Gluten)
Peas and courgette
Honey roasted carrots

CHEFS DAILY SPECIAL

To include local & seasonal produce

Pasta of the Day

Chef's choice pasta and homemade sauce

Daily salad Bar

<u>Dessert</u> shortbread

(Gluten)

Friday

Soup of the day with homemade bread

Breaded fish fingers
(Fish, Gluten)
Or
Vegan fingers

(Gluten)

Sides

Chunky chips
Peas
Beans
House made tartare sauce

CHEFS DAILY SPECIAL

To include local & seasonal produce

Jacket Potato Station

Baked beans Grated cheese (Dairy) Tuna mayonnaise (Fish) Coleslaw

Daily salad Bar

Dessert

Chocolate fudge cake (Gluten, egg, milk, soya)

A seasonal variety of different fresh cut up fruit pots and dried fruit pots is available at lunch service every day. A dessert containing at least 50% of fruit is offered at least two or more times a week. Low fat natural yoghurt flavoured with fresh fruit or plain is available daily.

Wherever possible we reduce the amount of sugar in our cakes, puddings and dessert custards and sauces.

